



**MILLER MEMORIAL
COMMUNITY, INC.**

MENU 2

DAY	BREAKFAST	DINNER	SUPPER
SUNDAY	JUICE FRESH FRUIT COLD CEREAL OATMEAL SCRAMBLED EGGS ASSORTED DANISH	4 OZ 1 ½ C. 1 2 1 <u>ALTERNATES</u> FILET OF FISH	6 oz 3 oz ½ c. 1 1 1 6 oz 6 OZ 3 OZ ½ C. 2 4 OZ
MONDAY	JUICE FRESH FRUIT COLD CEREAL CREAM OF WHEAT SCRAMBLED EGGS KIELBASA TOAST MARGARINE	4 OZ 1 ½ C. ½ C. 4 OZ 2 OZ 1 1T	6 OZ 3 OZ ½ C. 2 4 OZ
TUESDAY	JUICE FRESH FRUIT COLD CEREAL OAT MEAL HARD COOKED EGG TOAST & MARGARINE	4 OZ 1 ½ C. ½ C. 1 1/1T	6 OZ 1 3 OZ ½ C. ½ C. ½ C.
WEDNESDAY	JUICE FRESH FRUIT COLD CEREAL CREAM OF WHEAT SCRAMBLED EGGS MUFFIN OF THE DAY TOAST & MARGARINE	4 OZ 1 ½ C. ½ C. 4 OZ 1 1/1T	6 OZ 3 OZ ½ C. 1 SL 4 OZ
THURSDAY	JUICE FRESH FRUIT COLD CEREAL OATMEAL WAFFLES MAPLE SYRUP	4 OZ 1 ½ C. ½ C. 2 OZ	6 OZ 6 OZ 4 OZ 1/1T 4 OZ 3 OZ 2 SL
FRIDAY	JUICE FRESH FRUIT COLD CEREAL CREAM OF WHEAT SCRAMBLED EGGS MUFFIN OF THE DAY TOAST & MARGARINE	4 OZ 1 ½ C. ½ C. 4 OZ 1 1/1T	6 OZ 3 OZ ½ C. ½ C. 4 OZ
SATURDAY	JUICE FRESH FRUIT COLD CEREAL OATMEAL CHEESE OMELET CINNAMON COFFEE CAKE TOAST MARGARINE	4 OZ 1 ½ C. ½ C. 1 1 SL 1 1T	6 OZ 3 OZ 2 OZ 4 OZ 2 1

BREAKFAST: ASSORTED FRUIT, JAMS AND JELLYS ARE AVAILABLE DAILY.

BEVERAGES: COFFEE, DECAFE TEA SERVED AT ALL MEALS, MILK 8oz BREAKFAST, 4 oz. DINNER & SUPPER
NOURISHMENT: 10:00, 3:00 PM, AND 8:00 PM

AVAILABLE ITEMS: JUICES, MILK, DIET & REGULAR GINGER ALE, CRACKERS & COOKIES

**IF YOU ARE FOLLOWING A RESTRICTED DIET OR JUST WISH TO CHOOSE A DIFFERENT ENTRÉE,
PLEASE ASK YOUR WAITRESS FOR ALTERNATE MENU CHOICES**